

PIETRO Calories/Allergen Information

This allergen information includes all 28 items designated as “Specified Allergens” and “Recommended Allergens” under the Food Labeling. Please note that we may not be able to answer inquiries regarding allergens outside of these 28 items.

Trace amounts of allergens may be unintentionally mixed into food during manufacturing or preparation in our restaurant kitchens.

This information is based on the ingredients used in our products.

***Ingredients may change without prior notice due to product improvements or specification updates.**

***Menu items may vary by location.**

***This information is updated regularly.**

As of September 1, 2026

Menu Item	Calories per Serving (kcal) *() indicates small size	Specified Allergens									Recommended Allergens																		
		Milk	Wheat	Buckwheat	Egg	Peanut	Shrimp	Crab	Walnut	Abalone	Squid	Salmon roe	Orange	Kiwi	Beef	Salmon	Mackerel	Soy	Chicken	Pork	Peach	Yam	Apple	Gelatin	Banana	Sesame	Macadamia nut	Cashew nut	Almond
PIETRO Restaurant																													
▼ Salads *Dressing not included in allergen data																													
1	PIETRO Garden Salad	93(47)																Soy											
2	Japanese-Style Salad with Seafood and Seaweed	100(50)					Shrimp				Squid																		
3	Refill of Salad	12																											
4	Salad of The Day (Steamed Chicken & Carrot Salad)	103	Milk															Soy	Chicken										Almond
▼ Soup & Bread																													
4	Rye Bread with Anchovy Butter and Mixed Cheese	282	Milk	Wheat														Soy											
5	Focaccia with Olive Oil	175		Wheat														Soy											
6	Baguette (Garlic)	232	Milk	Milk														Soy											
7	Baguette (Butter)	217	Milk	Wheat														Soy											
8	Baguette (Plain)	144		Wheat																									
9	Sweet Corn Potage with Hokkaido Sweet Corn	203(134)	Milk	Wheat														Soy	Chicken	Pork									
10	Caramelized Onion Soup	120(80)	Milk															Soy	Chicken	Pork									
11	Seasonal Soup: White Corn Potage	163(107)	Milk	Wheat														Soy											
12	Seasonal Soup: Vichyssoise	225(150)	Milk																Chicken	Pork									
13	Seasonal Soup: Mushroom Potage	152(100)	Milk	Wheat														Soy	Chicken										
14	Seasonal Soup: Onion Potage	140(92)	Milk	Wheat														Soy	Chicken										
▼ HITOSARA (Small Plates Before Pasta)																													
15	Shrimp and Mushroom al Ajillo	484		Wheat			Shrimp											Soy											
16	Salmon and Colorful Vegetable Tartare	168	Milk	Wheat		Egg	Shrimp	Crab							Salmon			Soy					Apple						Almond
17	Refill of Toasted Baguette Slices	54		Wheat																									
18	Octopus and Potato with Basil Sauce	222	Milk															Soy											
19	French Fries	401		Wheat														Soy											
20	French Fries with Hakata Mentaiko Flavor	579	Milk	Wheat														Soy											
▼ Pizza																													
21	Mozzarella Pomodoro	726	Milk	Wheat														Soy											
22	Green Onion and Salty-Sweet Ground Beef	763	Milk	Wheat										Beef				Soy											
23	A Lots of Sliced Ham and Cheese	740	Milk	Wheat		Egg												Soy		Pork									
24	Four Cheese Served with Honey	825	Milk	Wheat														Soy											
25	Teriyaki Chicken, Corn, and Soft-Boiled Egg	841	Milk	Wheat		Egg												Soy	Chicken										
26	Extra Cheese	395	Milk																										
▼ Doria & Spaghetti Gratin																													
27	Shrimp and Avocado Doria with Basil Cream Sauce	576	Milk	Wheat			Shrimp												Chicken										
28	Eggplant and Meat Sauce Doria	640	Milk	Wheat										Beef				Soy	Chicken	Pork									
29	Meat Sauce Spaghetti Gratin	809	Milk	Wheat										Beef				Soy	Chicken	Pork									
30	Cream Spaghetti Gratin with Truffle and Soft-Boiled Egg	1065	Milk	Wheat		Egg												Soy	Chicken	Pork									
▼ Special Pasta																													
31	PIETRO-Style Peperoncino Spaghetti of Sardine Confit and Herbs	1004(536)	Milk	Wheat														Soy											
32	Hakata Mentaiko Carbonara	737(398)	Milk	Wheat		Egg												Soy	Chicken										
33	Eggplant and Salty-Sweet Ground Beef Spaghetti with Tomato Sauce	1001(518)	Milk	Wheat										Beef				Soy											
34	Seafood with Basil Sauce	1003(531)	Milk	Wheat			Shrimp				Squid							Soy								Macadamia nut		Almond	
35	Crab and Crab Butter Spaghetti	690(358)	Milk	Wheat				Crab										Soy					Gelatin						
36	Pomodoro with Melted Cheese	811(408)	Milk	Wheat														Soy											
37	Shrimp and Avocado with Basil Cream Sauce	822(418)	Milk	Wheat			Shrimp											Soy								Macadamia nut		Almond	
38	Carbonara	898(492)	Milk	Wheat		Egg												Soy	Chicken	Pork									
39	Kagoshima Berkshire Pork Bolognese	723(378)	Milk	Wheat										Beef				Soy	Chicken	Pork									
40	Kagoshima Berkshire Pork Bolognese (Gralic Oil Version)	855(445)	Milk	Wheat										Beef				Soy	Chicken	Pork									
41	Squid and King Oyster Mushroom with Butter Soy Sauce	861(455)	Milk	Wheat							Squid							Soy											
42	Seafood with Garlic Cream Sauce	894(449)	Milk	Wheat			Shrimp				Squid							Soy											
43	Salmon and Tarako Cold Spaghetti with Vichyssoise	823(414)	Milk	Wheat		Egg	Shrimp	Crab							Salmon			Soy	Chicken	Pork									
44	PIETRO Spaghetti Salad *Dressing not included in allergen data	490(283)		Wheat		Egg												Soy											

[illegible]

[illegible]

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▼ Alcohol																														
154	Wine Red (Glass)	82																												
155	Wine Red (Decanter)	255																												
156	Wine Red (Bottle)	510																												
157	Wine White (Glass)	90																												
158	Wine White (Decanter)	281																												
159	Wine White (Bottle)	563																												
160	Setouchi Lemon Beer	128																												
161	Draft Beer (Regular)	120																												
162	Draft Beer (Small)	100																												
163	Highball	82																												
164	Setouchi Lemon Sour	155																												
▼ Kids Menu																														
165	Kids Menu Soup Set *Pasta not included in allergen data	186	Milk	Wheat														Soy	Chicken	Pork										
166	Kids Menu Salad Set *Pasta and Juice not included in allergen data	58		Wheat														Soy												
167	Kids Menu French Fries Set *Pasta and Juice not included in allergen data	112		Wheat														Soy												
168	Pasta: Meat Sauce Spaghetti	312	Milk	Wheat											Beef			Soy	Chicken	Pork										
169	Pasta: Tarako Spaghetti	258	Milk	Wheat														Soy												
170	Pasta: Bacon and Spinach (Tomato)	390	Milk	Wheat		Egg												Soy		Pork										
171	Pasta: Bacon and Spinach (Cream)	431	Milk	Wheat		Egg												Soy		Pork										
172	Pasta: Bacon and Spinach (Japanese Style)	373	Milk	Wheat		Egg												Soy		Pork										
173	Pasta: Sausage and Spinach with Japanese Style Sauce	325		Wheat														Soy		Pork										
174	Cheese Meat Ricebowl	233	Milk	Wheat											Beef			Soy	Chicken	Pork										
175	Sausages and French Fries	376		Wheat														Soy		Pork										
176	Fried Cheese	195	Milk	Wheat		Egg												Soy												
177	Sausage and Cherry Tomatoes Pizza	282	Milk	Wheat														Soy		Pork										
178	Corn and Salty-Sweet Ground Beef Pizza with Teriyaki Sauce	251	Milk	Wheat											Beef			Soy												
179	Bolognese Gratin Style Pizza	290	Milk	Wheat											Beef			Soy	Chicken	Pork										
180	French Fries	290		Wheat														Soy												
181	Corn Soup	121	Milk	Wheat															Chicken	Pork										
182	Small French Toast with Vanilla Ice Cream and Mixed Berries	194	Milk	Wheat		Egg																								
183	Vanilla Ice Cream	188	Milk																											
184	Soft Serve Ice Cream (Chocolate Sauce)	163	Milk	Wheat														Soy												
185	Soft Serve Ice Cream (Caramel Sauce)	163	Milk	Wheat														Soy												
186	Soft Serve Ice Cream (Berry Sauce)	157	Milk	Wheat														Soy												
187	Orange Juice	59											Orange																	
188	Apple Juice	114																					Apple							