

PIETRO Calories／Allergen Information

This allergen information includes all 28 items designated as “Specified Allergens” and “Recommended Allergens” under the Food Labeling Standards of Japan.
Please note that we may not be able to answer inquiries regarding allergens outside of these 28 items.

Trace amounts of allergens may be unintentionally mixed into food during manufacturing or preparation in our restaurant kitchens.

This information is based on the ingredients used in our products.

- *Ingredients may change without prior notice due to product improvements or specification updates.
- *Menu items may vary by location.
- *This information is updated regularly.

As of September 4,2026

Menu Item	Calories per Serving (kcal) *() indicates small size	Specified Allergens								Recommended Allergens																			
		Milk	Wheat	Buckwheat	Egg	Peanut	Shrimp	Crab	Walnut	Abalone	Squid	Salmon roe	Orange	Kiwi	Beef	Salmon	Mackerel	Soy	Chicken	Pork	Peach	Yam	Apple	Gelatin	Banana	Sesame	Macadamia nut	Cashew nut	Almond
MIOMIO みずほPayPayドーム店																													
▼ Salad Pasta/Hot Pasta																													
1	Miomio Original Salad Pasta	495		Wheat														Soy		Pork									
2	Tall Size Miomio Original Salad Pasta	780		Wheat														Soy		Pork									
3	Miomio Original Salad Pasta(Dressing on the side)	528		Wheat														Soy		Pork									
4	Prosciutto and Fluffy Cheese Salad Pasta	467	Milk	Wheat		Egg												Soy		Pork									
5	Salmon and Avocado Poke-Style Salad Pasta	511		Wheat												Salmon		Soy					Apple			Sesame			
6	Salted Tongue-style Meat Salad Pasta	477		Wheat											Beef			Soy	Chiken				Apple	Gelatin		Sesame			
7	Hot Pasta – Hakata Mentaiko Carbonara	459	Milk	Wheat		Egg												Soy	Chiken										
▼ Side menu																													
8	Hot Pasta – Hakata Mentaiko Carbonara	459	Milk	Wheat		Egg												Soy	Chiken										
9	French Fries	364		Wheat														Soy											
10	Fried Burdock	201	Milk	Wheat		Egg												Soy	Chiken										
11	Cheese Meat Ricebowl	238	Milk	Wheat											Beef			Soy	Chiken	Pork						Sesame			

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