PIETRO Calories／Allergen Information

This allergen information includes all 28 items designated as “Specified Allergens” and “Recommended Allergens” under the Food Labeling Standards of Japan.
Please note that we may not be able to answer inquiries regarding allergens outside of these 28 items.

Trace amounts of allergens may be unintentionally mixed into food during manufacturing or preparation in our restaurant kitchens.

This information is based on the ingredients used in our products.

*Ingredients may change without prior notice due to product improvements or specification updates.
*Menu items may vary by location.
*This information is updated regularly.

As of August 31,2026

	Menu Item	Calories per Serving (kcal) *( ) indicates small size	Specified Allergens								Recommended Allergens																							
			Milk	Wheat	Buckwheat	Egg	Peanut	Shrimp	Crab	Walnut	Abalone	Squid	Salmon roe	Orange	Kiwi	Beef	Salmon	Mackerel	Soy	Chicken	Pork	Peach	Yam	Apple	Gelatin	Banana	Sesame	Macadamia nut	Cashew nut	Almond
Restaurant																																		
▼	**Seasonal Carbonara Menu**																																	
1	Four Mushroom and Four Cheese “For tunate” Carbonara	955(502)	Milk	Wheat		Egg													Soy	Chicken	Pork													
2	Sea Urchin and Squid Carbonara	674(340)	Milk	Wheat		Egg						Squid							Soy	Chicken														

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As of October 27, 2026

	Menu Item	Calories per Serving (kcal) *( ) indicates small size	Specified Allergens								Recommended Allergens																					
			Milk	Wheat	Buckwheat	Egg	Peanut	Shrimp	Crab	Walnut	Abalone	Squid	Salmon roe	Orange	Kiwi	Beef	Salmon	Mackerel	Soy	Chicken	Pork	Peach	Yam	Apple	Gelatin	Banana	Sesame	Macadamia nut	Cashew nut	Almond
PIETRO Restaurant																																
▼ Seasonal Sweets Menu																																
1	Premium Mont Blanc Parfait with Hojicha Ice Cream	414	Milk	Wheat		Egg	Peanut																									
2	Mont Blanc Parfait with Hojicha Ice Cream	244	Milk	Wheat		Egg	Peanut																									

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*This information is updated regularly.

As of July 30, 2026

	Menu Item	Calories per Serving (kcal) *( ) indicates small size	Specified Allergens								Recommended Allergens																					
			Milk	Wheat	Buckwheat	Egg	Peanut	Shrimp	Crab	Walnut	Abalone	Squid	Salmon roe	Orange	Kiwi	Beef	Salmon	Mackerel	Soy	Chicken	Pork	Peach	Yam	Apple	Gelatin	Banana	Sesame	Macadamia nut	Cashew nut	Almond
PIETRO Restaurant Matsue																																
▼ Store-Exclusive Menu																																
1	Colorful Vegetable Salad with Chicken Gizzards	184																	Soy	Chicken												
2	Japanese-style Vongole with Shinjiko Clams and White Leek	897(474)		Wheat															Soy													

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*Menu items may vary by location.
*This information is updated regularly.

As of September 1, 2026

	Menu Item	Calories per Serving (kcal) *( ) indicates small size	Specified Allergens								Recommended Allergens																				
			Milk	Wheat	Buckwheat	Egg	Peanut	Shrimp	Crab	Walnut	Abalone	Squid	Salmon roe	Orange	Kiwi	Beef	Salmon	Mackerel	Soy	Chicken	Pork	Peach	Yam	Apple	Gelatin	Banana	Sesame	Macadamia nut	Cashew nut	Almond
PIETRO Restaurant Centrale – Main Store																															
▼Store-Exclusive Menu																															
1	Fresh Salad from Our Noko Island Farm	412				Egg													Soy	Chicken	Pork										
2	Arugula and House-Made Chicken Confit Spaghetti with Sesame	986		Wheat															Soy	Chicken							Sesame				
3	Peperoncino with Chunky Garlic from Noko Island	832		Wheat															Soy												
4	PIETRO's Japanese Custard Pudding	300	Milk			Egg																									
5	Premium Soda Made with Coarsely Crushed Japanese Lemon	184																													